

Menu Spring 2023

Week 1

Week commencing 3 January, 23 January, 20 February, 13 March.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Meatballs	Italian Bolognaise	Roast Turkey with sage & onion stuffing	Sausages	Salmon Fingers
Vegan Balls	Vegetarian omelette	Cheese & onion Pasty	Quorn Sausages	Vegetarian Pizza
Pasta Pots (choice of fillings)	Pasta Pots (choice of fillings)	Pasta Pots (choice of fillings)	Pasta Pots (choice of fillings)	Pasta Pots (choice of fillings)
Jacket Potatoes (choice of fillings)	Jacket Potatoes (choice of fillings)	Jacket Potatoes (choice of fillings)	Jacket Potatoes (choice of fillings)	Jacket Potatoes (choice of fillings)
Wrap /Crisps (choice of fillings)	Wrap (choice of fillings)	Wrap (choice of fillings)	Wrap (choice of fillings)	Wrap (choice of fillings)
Spaghetti Sweetcorn Salad Bar	Pasta/garlic bread Green beans Salad Bar	Roast/Mashed Potatoes Fresh Carrots Gravy Salad Bar	Pasta or Mash Baked beans/peas Salad Bar	Chips/Pasta Seasonal Veg Tomato Sauce Salad Bar
Jam sponge and custard Fresh Fruit Yoghurt	Homemade Chocolate Cracknel Fresh Fruit Yoghurt	Orange jelly and mandarins Fresh Fruit Yoghurt	Sticky toffee pudding and caramel sauce Fresh Fruit Yoghurt	Cookie or fruit crumble and custard Fresh Fruit Yoghurt
PASTA POT FILLINGS Italian tomato sauce, cheese or tuna JACKET POTATO FILLINGS Cheese, beans, cheese and beans or tuna WRAP FILLINGS Ham, Chicken or Cheese				

Menu Spring 2023

Week 2

Week commencing 9 January, 30 January, 27 February, 20 March



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Westcountry Beef burer in a plain bap	Chicken Goujons	Roast Gammon and Pineapple	Chicken Curry Naan bread and Rice	Harry Ramsden's Fish
Vegetarian burger in a plain bap	Quorn Dippers	Broccoli and Cheese bake	Macaroni cheese	Homemade Cheese Wheels
Pasta Pots (choice of fillings)	Pasta Pots (choice of fillings)	Pasta Pots (choice of fillings)	Pasta Pots (choice of fillings)	Pasta Pots (choice of fillings)
Jacket Potatoes (choice of fillings)	Jacket Potatoes (choice of fillings)	Jacket Potatoes (choice of fillings)	Jacket Potatoes (choice of fillings)	Jacket Potatoes (choice of fillings)
Wrap with Crisps (choice of fillings)	Wrap with Crisps (choice of fillings)	Wrap (choice of fillings)	Wrap with Crisps (choice of fillings)	Wrap (choice of fillings)
Potato wedges/pasta Baked beans/peas Salad Bar	Rice/pasta Tomato sauce Mixed vegetables Salad Bar	Roast/Mashed Potatoes Fresh Carrots Gravy Salad Bar	Green Beans Salad Bar	Chips/Pasta Seasonal vegetables Tomato Sauce Salad Bar
Ice-cream and peaches Fresh Fruit Yoghurt	Syrup sponge and custard Fresh Fruit Yoghurt	American Pancake and Cream Fresh Fruit Yoghurt	Flapjack and custard Fresh Fruit Yoghurt	Iced Sponge Fresh Fruit Yoghurt
PASTA POT FILLINGS Homemade Italian tomato sauce, cheese or tuna JACKET POTATO FILLINGS Cheese, beans, cheese and beans or tuna WRAP FILLINGS Ham, Chicken or Cheese				

Menu Spring 2023

Week 3

Week commencing 16 January, 6 February, 6 March, 27 March



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pepperoni Pizza	Chicken Fajitas	Roast Beef	Homemade Sausage Rolls	Fish Fingers
Cheese Pizza	Quorn Fajitas	Quorn Sausage	Cauliflower Cheese	Vegetarian Fingers
Pasta Pots (choice of fillings)	Pasta Pots (choice of fillings)	Pasta Pots (choice of fillings)	Pasta Pots (choice of fillings)	Pasta Pots (choice of fillings)
Jacket Potatoes (choice of fillings)	Jacket Potatoes (choice of fillings)	Jacket Potatoes (choice of fillings)	Jacket Potatoes (choice of fillings)	Jacket Potatoes (choice of fillings)
Wrap (choice of fillings)	Wrap (choice of fillings)	Wrap (choice of fillings)	Wrap with Crisps (choice of fillings)	Wrap (choice of fillings)
Potato Wedges/Pasta Sweetcorn Salad Bar	Rice/Pasta Mixed vegetables Salad Bar	Roast/Mashed Potatoes Yorkshire pudding Fresh Carrots Gravy Salad Bar	Mashed Potato/Pasta Baked Beans Peas Salad Bar	Chips/Pasta Seasonal vegetables Tomato Sauce Salad Bar
Meringue nest, peaches and cream Fresh Fruit Yoghurt	Chocolate cake and chocolate sauce. Fresh Fruit Yoghurt	Lime jelly and pineapple Fresh Fruit Yoghurt	Fruit Smoothie Cheese and Crackers Fresh Fruit Yoghurt	Homemade Cookie or Ginger cake and cream Fresh Fruit Yoghurt
PASTA POT FILLINGS Homemade Italian tomato sauce, cheese or tuna JACKET POTATO FILLINGS Cheese, beans, cheese and beans or tuna WRAP FILLINGS Ham, Chicken or Cheese				