

Willand School Menu Spring Term 2019

Week 1 Weeks commencing 7th Jan, 28th Jan, 25th Feb, 18th Mar 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef burger in a bap	Lasagne	Roast gammon with pineapple Gravy	Chicken fajita wrap	Salmon Bites
<i>Vegetarian burger in a bap</i>	<i>Vegetarian lasagne</i>	<i>Broccoli & cheese bake</i>	<i>Vegetarian chilli</i>	<i>Vegetarian pizza</i>
Potato wedges or pasta Baked beans or green beans Tomato sauce	Garlic bread Broccoli or sweetcorn	Roast or creamed potatoes Cauliflower or carrots	Rice or pasta Tortilla chips Mixed vegetables	Golden fries or Pasta Seasonal vegetables Tomato sauce
Chocolate cake Chocolate sauce	Tinned fruit Ice cream	Fruit jelly	Meringue nest with fruit and cream	Oat cookies
Baked potatoes with cheese, beans, cheese and beans or tuna. Pasta Pots with Italian tomato sauce, chicken and sweetcorn, cheese or tuna. Fresh fruit salad and yoghurts are available daily				

Week 2 Weeks commencing 14th Jan, 4th Feb, 4th Mar, 25th Mar 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
West Country Sausage	Italian Bolognese	Roast pork and apple sauce Gravy	Chicken Curry	Oven baked Fish fingers
<i>Vegetarian Sausage 1</i>	<i>Cheese omelette</i>	<i>Cheese & onion pasty</i>	<i>Macaroni Cheese</i>	<i>Vegetarian bites</i>
Baked beans or peas Creamed potatoes or pasta	Pasta Garlic bread Green beans or cauliflower	Roast or creamed potatoes Green beans or carrots	Naan bread or rice Mixed vegetables	Golden fries or pasta Seasonal vegetables Tomato sauce
Chocolate cracknel and apple slice	Syrup or jam sponge Custard	American pancake & vanilla ice cream	Jelly and mandarins	Homemade Cookie Fruit juice
Baked potatoes with cheese, beans, cheese and beans or tuna. Pasta Pots with Italian tomato sauce, chicken and sweetcorn, cheese or tuna. Fresh fruit salad and yoghurts are available daily				

Exception: 17th January Oven baked Fish Fingers 18th January Chicken Curry

Week 3 Weeks commencing 21st Jan, 11th Feb, 11th Mar, 1st Apr 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Goujons	Pepperoni pizza	West Country beef with Yorkshire Pudding	Pork meatballs	Oven baked battered fish
<i>Cheese wheels</i>	<i>Vegetarian pizza</i>	<i>Vegetarian sausage</i>	<i>Quorn balls</i>	<i>Cheese quiche</i>
Rice or pasta Mixed vegetables Tomato Sauce	Potato wedges or pasta Sweetcorn	Roast/ creamed potatoes Peas or fresh carrots Gravy	Spaghetti Peas or cauliflower	Golden fries or pasta Seasonal vegetables Tomato sauce
Flapjack & custard	Raspberry mousse	Fruit smoothie or Cheese, crackers & apple	Chocolate mousse & peaches	Iced sponge Fruit juice
Baked potatoes with cheese, beans, cheese and beans or tuna. Pasta Pots with Italian tomato sauce, chicken and sweetcorn, cheese or tuna. Fresh fruit salad and yoghurts are available daily				